

	Reflection Day Bell Schedule
	Monthly on Wednesdays
8:00 AM	Homeroom (15m)
8:20 AM	
9:05 AM	Chapel & Reflection (45m)
9:15 AM	
10:15 AM	1st Block (60m)
	Morning Break (15m)
10:30 AM	
11:30 AM	2nd Block (60m)
11:30 AM	
12:15 PM	Lunch (45m)
12:20 PM	
1:20 PM	3rd Block (60m)
	Afternoon Break (15m)
1:35 PM	
2:35 PM	4th Block (60m)
2:50 PM	
3:35 PM	Afternoon Speaker (45m)

Our monthly chapel services (in addition to the Sunday services) provide a shared space for reflection, prayer, and inspiration. These gatherings nurture spiritual formation, build community, and invite students to explore purpose, faith, and values in a meaningful environment. They also serve as a possible intersection for the character trait emphasized each month, as well as a time for prayer for local, national, and global issues and events, including our regional focus for the current year.